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Intel Employees

Your health is your greatest asset

Take care of it in 2025!

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Did you know your insurance through Intel could cover all of these services? Take a look at some of the valuable services you could be receiving!

Our Services

Chiropractic
Massage Therapy
Spinal Decompression
Sports Medicine
Medical
Regenerative Medicine
Botox for Migraine
... More!

Contact Us

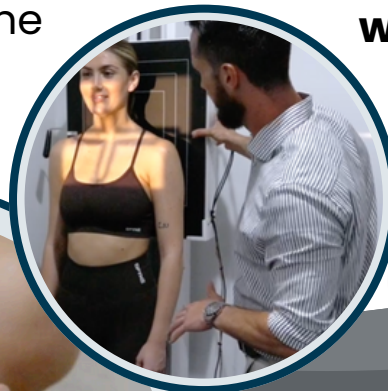
Tempe Office: (480) 454-4776
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Locations in Tempe, AZ
and Gilbert, AZ



Schedule Online at
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Why Choose Axis Spine and Sport?



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Five Star
Reviews



Comprehensive
Services



Multiple
Locations



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Insurance

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CHIROPRACTIC CARE



- Focuses on spinal alignment and nervous system health.
- Benefits: Relieves pain, improves mobility, and enhances overall body function by addressing misalignments.

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MASSAGE THERAPY



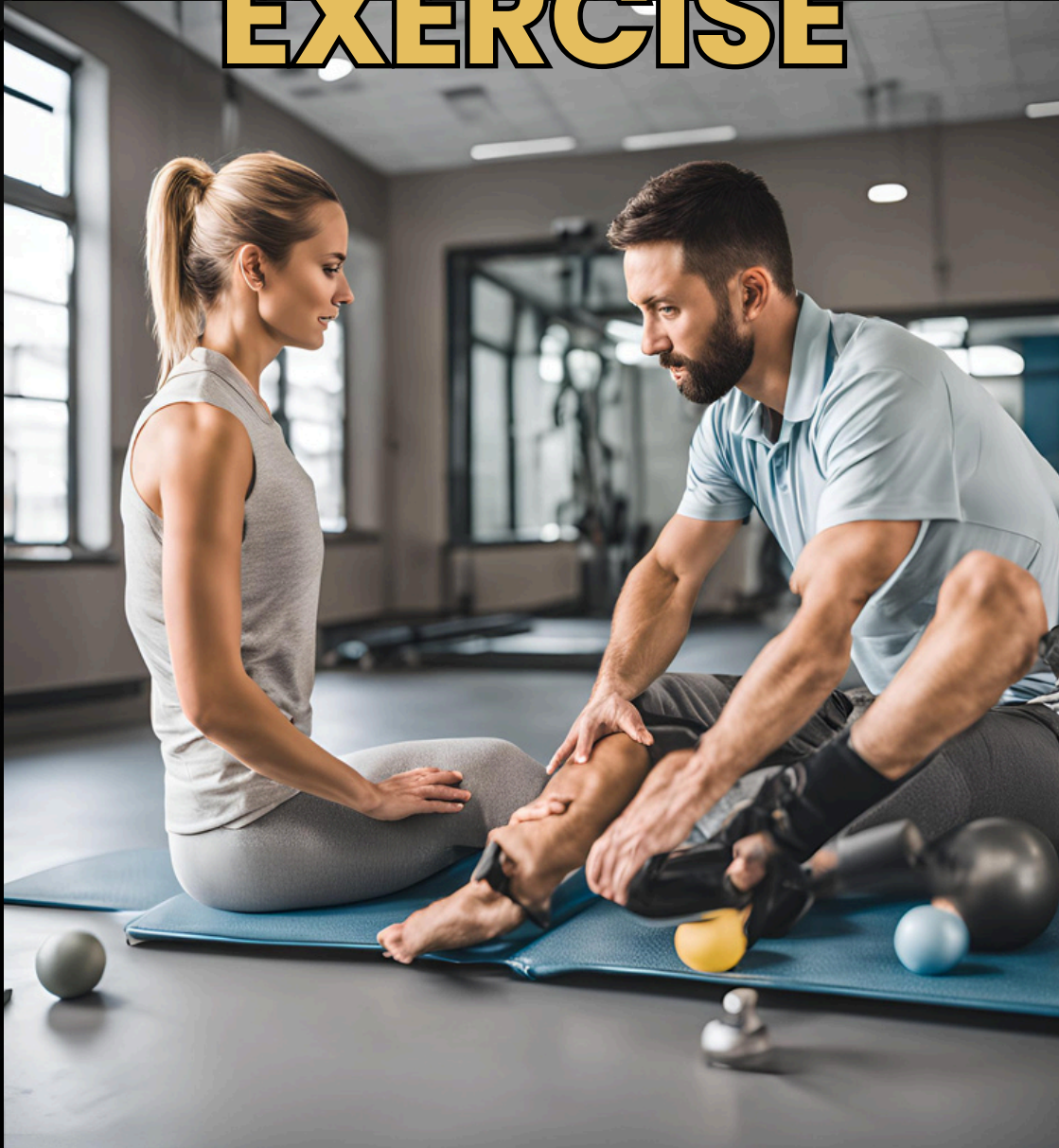
- Manipulates soft tissues to reduce muscle tension and promote relaxation.
- Benefits: Alleviates stress, enhances circulation, reduces pain, and supports injury recovery.

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CORRECTIVE EXERCISE



- Personalized exercises to improve posture, movement patterns, and muscular imbalances.
- Benefits: Prevents injury, enhances strength, mobility, and rehabilitation outcomes.

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SPINAL DECOMPRESSION



- Gentle, motorized traction that stretches the spine to relieve pressure on discs and nerves.
- Benefits: Alleviates back and neck pain, improves disc health, and can help with herniations and sciatica.

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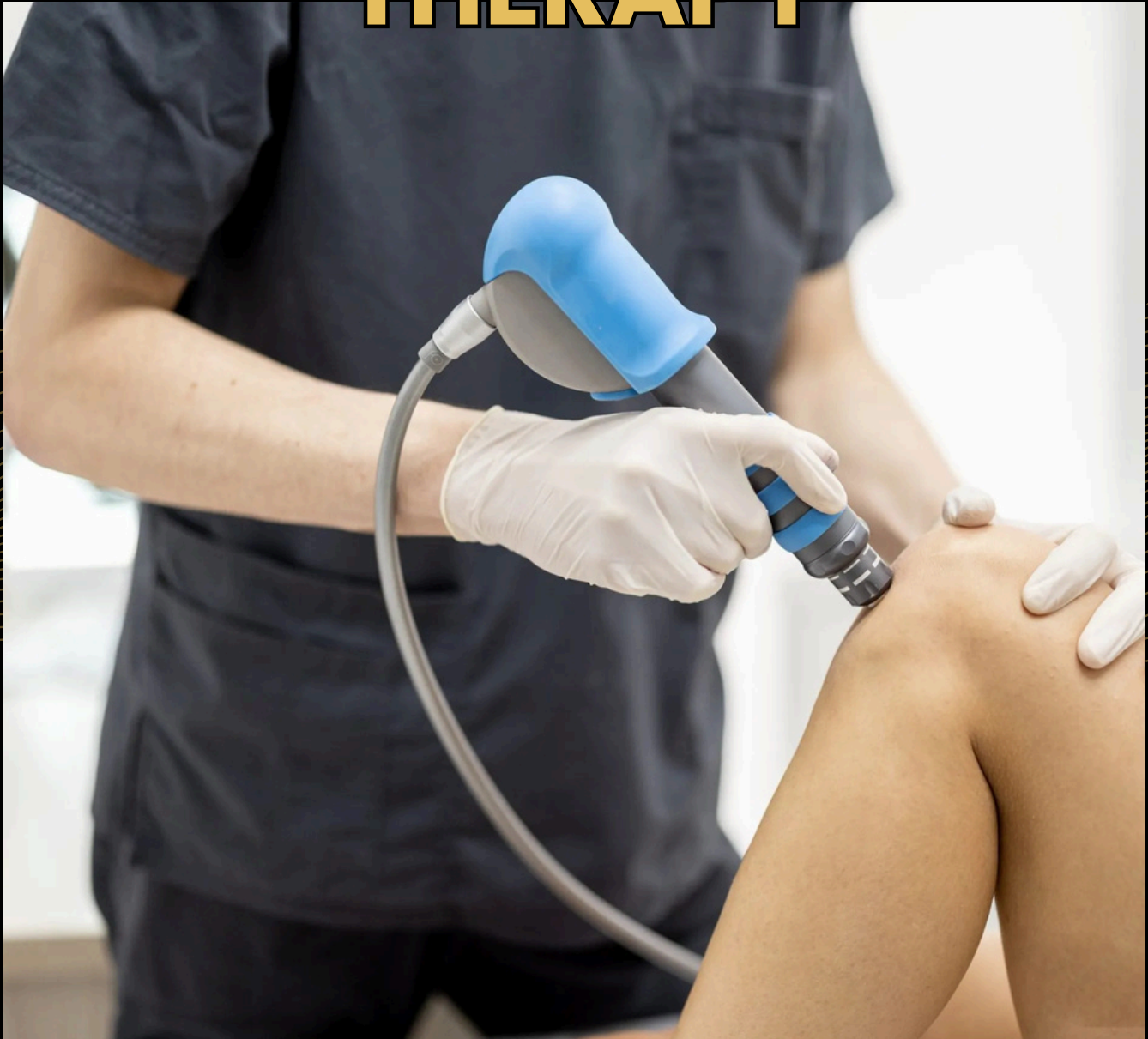
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SHOCKWAVE THERAPY



- High-energy sound waves are applied to targeted areas to stimulate blood flow and tissue regeneration.
- Benefits: Helps reduce chronic pain, speeds up healing, and can improve mobility in stubborn injuries.

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PULSED ELECTROMAGNETIC FIELD THERAPY



- Low-level electromagnetic pulses are delivered to the body to stimulate cell function.
- Benefits: Promotes tissue repair, reduces inflammation, and supports faster healing of injured areas.

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CUPPING



- Uses suction cups to gently pull tissue upward, increasing blood flow to targeted areas.
- Benefits: Aids in reducing inflammation, relieving muscle tension, and accelerating healing.

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MUSCLE SCRAPING



- Specialized instruments are used to apply pressure and “scrape” over muscles and fascia.
- Benefits: Breaks down adhesions, improves range of motion, and speeds up recovery from soft tissue injuries.

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COMPRESSION THERAPY



- Uses specialized sleeves or wraps that apply controlled pressure to limbs.
- Benefits: Increases circulation, reduces swelling, and speeds recovery after exercise or injury.

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REGENERATIVE MEDICINE



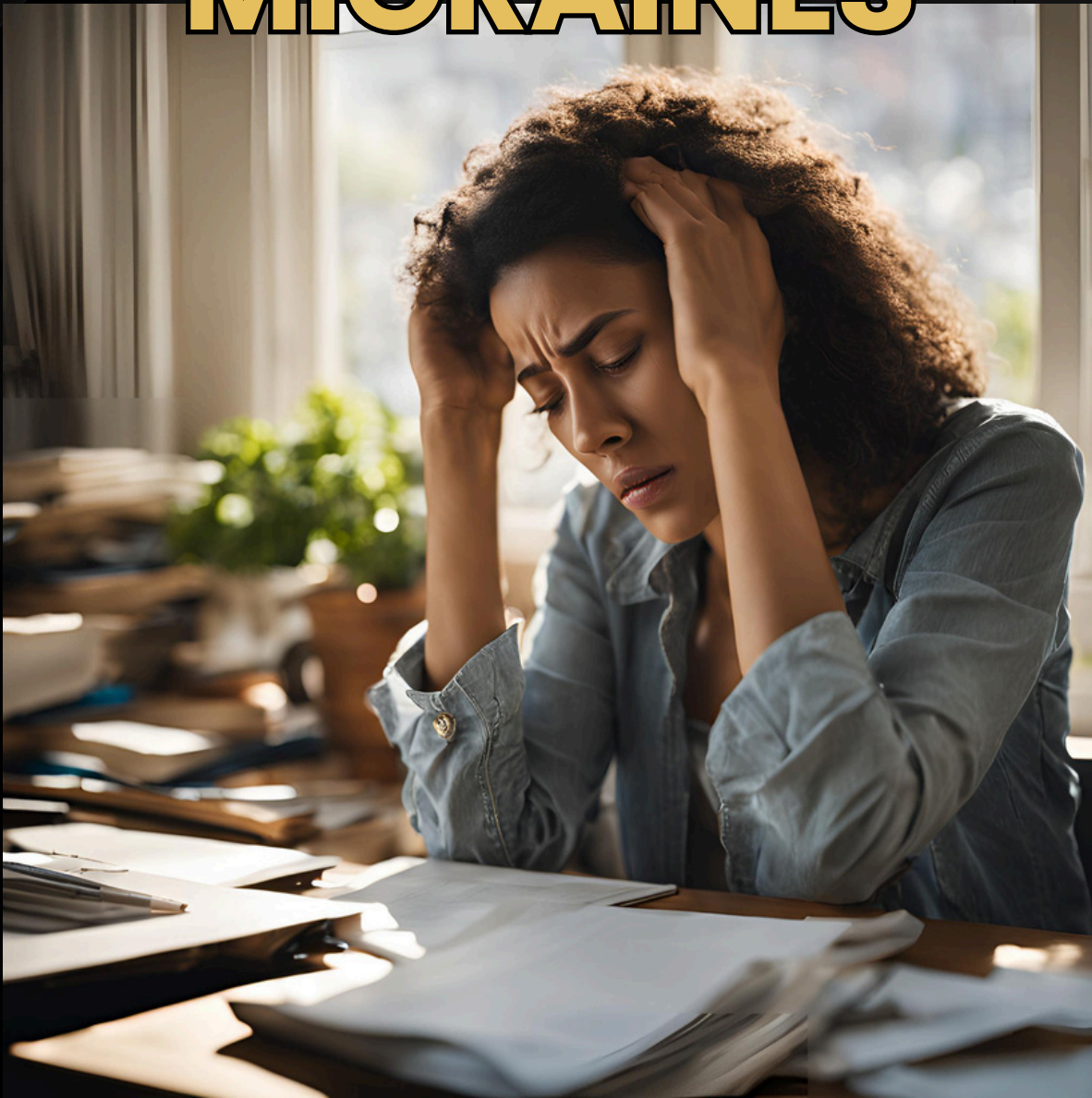
- Treatments like stem cell therapy and PRP to promote tissue repair and regeneration.
- Benefits: Accelerates healing of injured tissues, reduces pain, and improves joint function.

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BOTOX FOR MIGRAINES



- Injection of botulinum toxin to prevent chronic migraines.
- Benefits: Reduces the frequency and severity of migraines, improving quality of life dramatically.

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PAIN MANAGEMENT



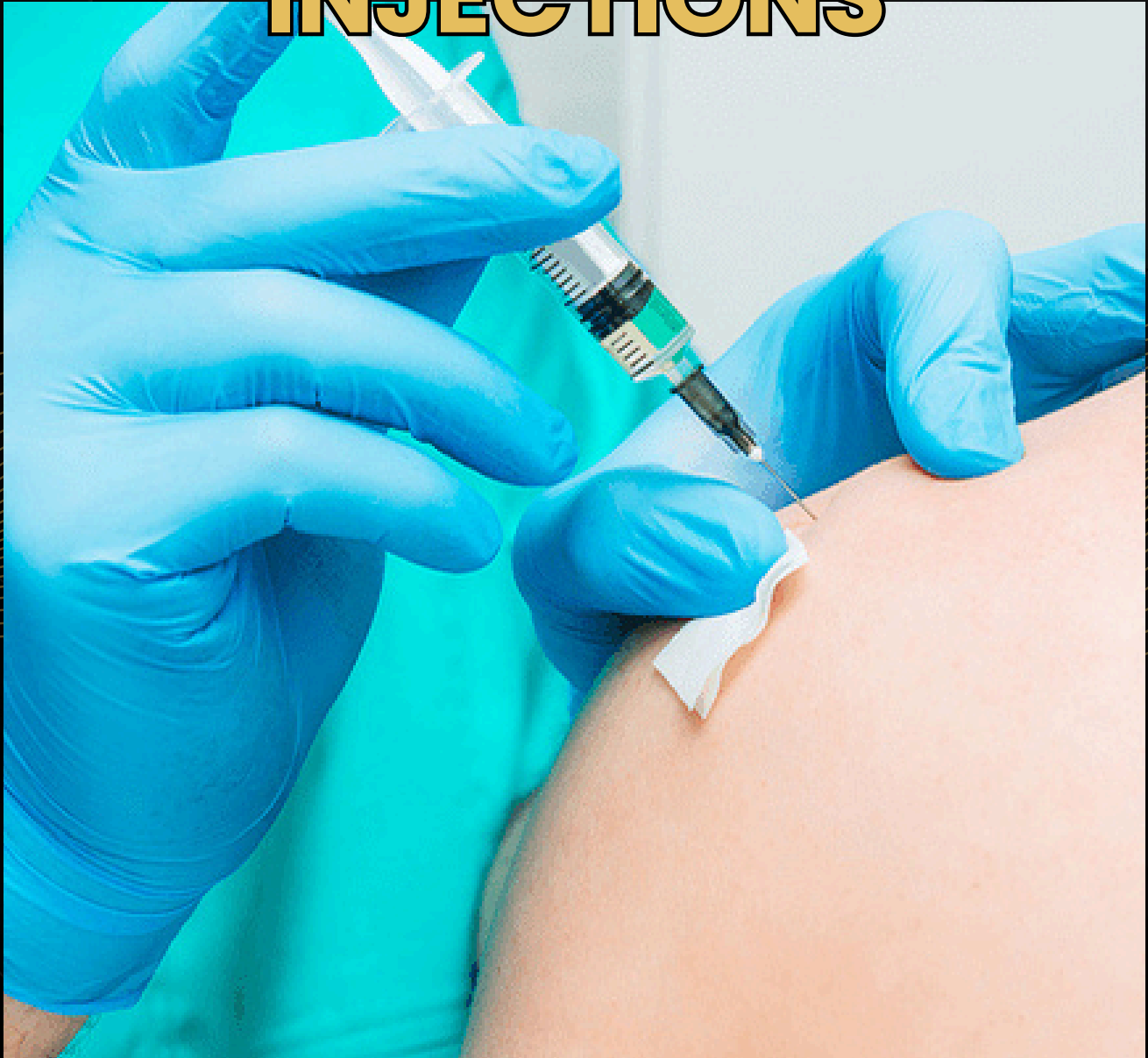
- Multidisciplinary approach to controlling chronic or acute pain.
- Benefits: Improves daily functioning, reduces reliance on pain medications, and enhances quality of life.

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MUSCLE AND JOINT INJECTIONS



- Sometimes used in surgical settings to reduce inflammation and improve joint function.
- Benefits: Targets joint pain, reduces inflammation, and may delay the need for more invasive surgery.

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SURGICAL PROCEDURES



- Involves operative techniques to treat injuries, or conditions often related to the musculoskeletal system.
- Benefits: Provides definitive treatment for structural issues, relieves pain, restores function, and improves quality of life when non-surgical treatments are insufficient.

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