

Services Covered Py Insurance



SPINE AND SPORT

Cox Employees!

Your health is your greatest asset Take care of it in 2025!



Did you know your insurance through Cox could cover all of these services? Take a look at some of the valuable services you could be receiving!

Our Services

Chiropractic Massage Therapy Spinal Decompression Medical Regenerative Medicine

Contact Us

Tempe Office: (480) 454-4776 Gilbert Office: (480) 842-5020



COVERED BY

INSURANCE

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Locations in Tempe, AZ and Gilbert, AZ



Schedule Online at





Over 1,500 Five Star Reviews



Comprehensive Services



Multiple Locations

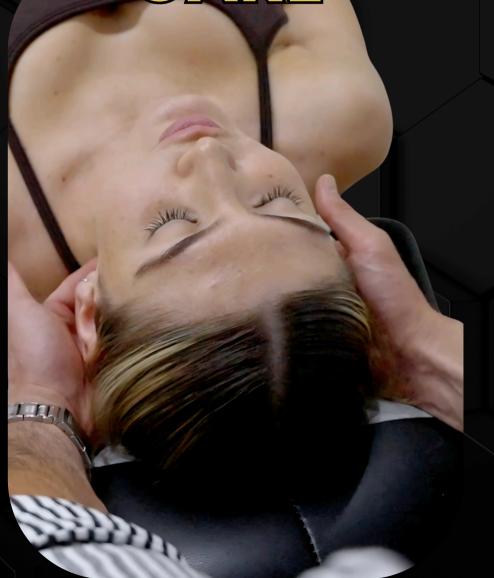


Covered By Insurance





CHIROPRACTIC



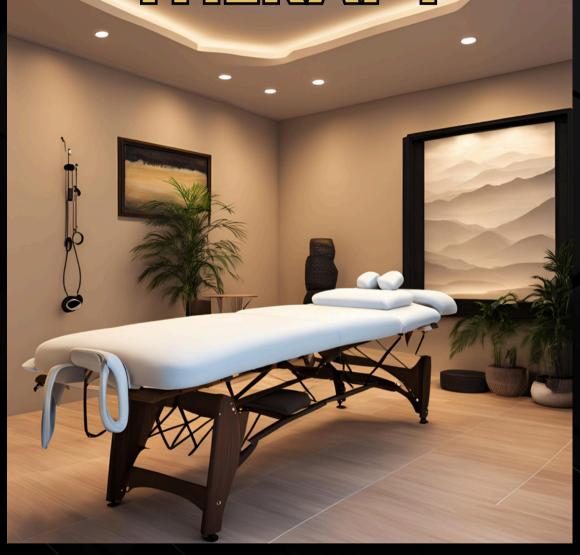
- Focuses on spinal alignment and nervous system health.
- Benefits: Relieves pain, improves mobility, and enhances overall body function by addressing misalignments.







MASSAGE THERAPY



- Manipulates soft tissues to reduce muscle tension and promote relaxation.
- Benefits: Alleviates stress, enhances circulation, reduces pain, and supports injury recovery.







CORRECTIVE EXERCISE



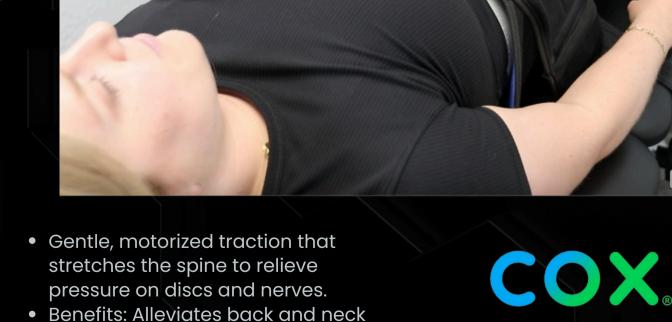
- Personalized exercises to improve posture, movement patterns, and muscular imbalances.
- Benefits: Prevents injury, enhances strength, mobility, and rehabilitation outcomes.







SPINAL DECOMPRESSION



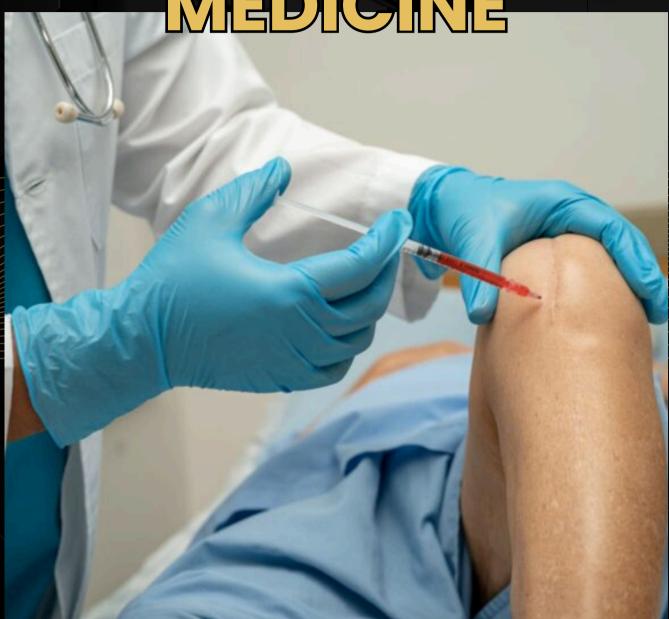
pain, improves disc health, and can help with herniations and

sciatica.





REGENERATIVE MEDICINE

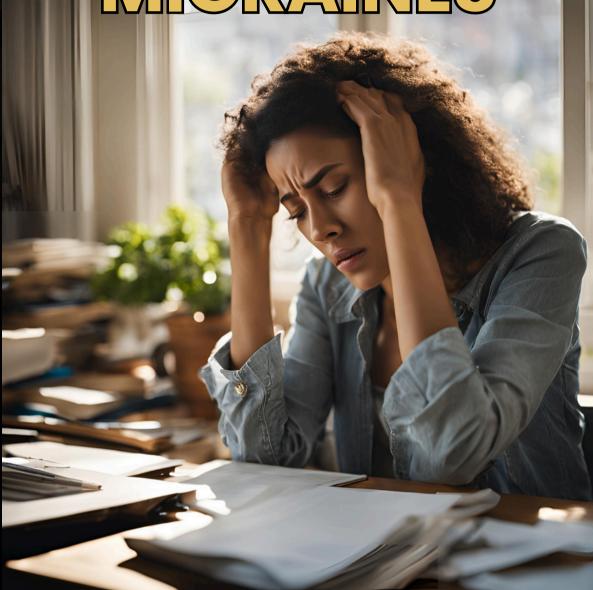


- Treatments like stem cell therapy and PRP to promote tissue repair and regeneration.
- Benefits: Accelerates healing of injured tissues, reduces pain, and improves joint function.





BOTOX FOR MIGRAINES



- Injection of botulinum toxin to prevent chronic migraines.
- Benefits: Reduces the frequency and severity of migraines, improving quality of life dramatically.







PAIN MANAGEMENT



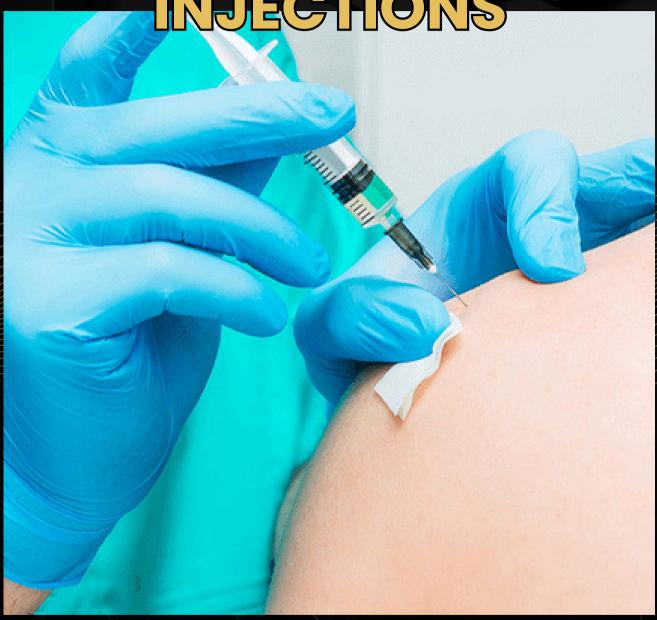
- Multidisciplinary approach to controlling chronic or acute pain.
- Benefits: Improves daily functioning, reduces reliance on pain medications, and enhances quality of life.







MUSCLE AND JOINT INJECTIONS



- Sometimes used in surgical settings to reduce inflammation and improve joint function.
- Benefits: Targets joint pain, reduces inflammation, and may delay the need for more invasive surgery.







SURGICAL PROCEDURES



- Involves operative techniques to treat injuries, or conditions often related to the musculoskeletal system.
- Benefits: Provides definitive treatment for structural issues, relieves pain, restores function, and improves quality of life when non-surgical treatments are insufficient.







SCHEDULE ONLINE TODAY!



SCAN THE QR CODE TO SCHEDULE



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