



Services Covered
By Insurance



UPS Employees!

Your health is your greatest asset

Take care of it in 2025!

AXIS

SPINE AND SPORT



***COVERED BY
TEAMSTERS AETNA
PLAN**

Did you know your insurance through UPS could cover all of these services? Take a look at some of the valuable services you could be receiving!

Our Services

Chiropractic
Massage Therapy
Spinal Decompression
PEMF
Shockwave Therapy
... More!

Contact Us

Tempe Office: (480) 454-4776
Gilbert Office: (480) 842-5020



Locations in Tempe, AZ
and Gilbert, AZ



Schedule Online at
www.axisspineandsport.com



Why Choose Axis Spine and Sport?



Over 1,500
Five Star
Reviews



Comprehensive
Services



Multiple
Locations



Covered By
Insurance

Axis Spine and Sport

CHIROPRACTIC CARE



- Focuses on spinal alignment and nervous system health.
- Benefits: Relieves pain, improves mobility, and enhances overall body function by addressing misalignments.



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MASSAGE THERAPY



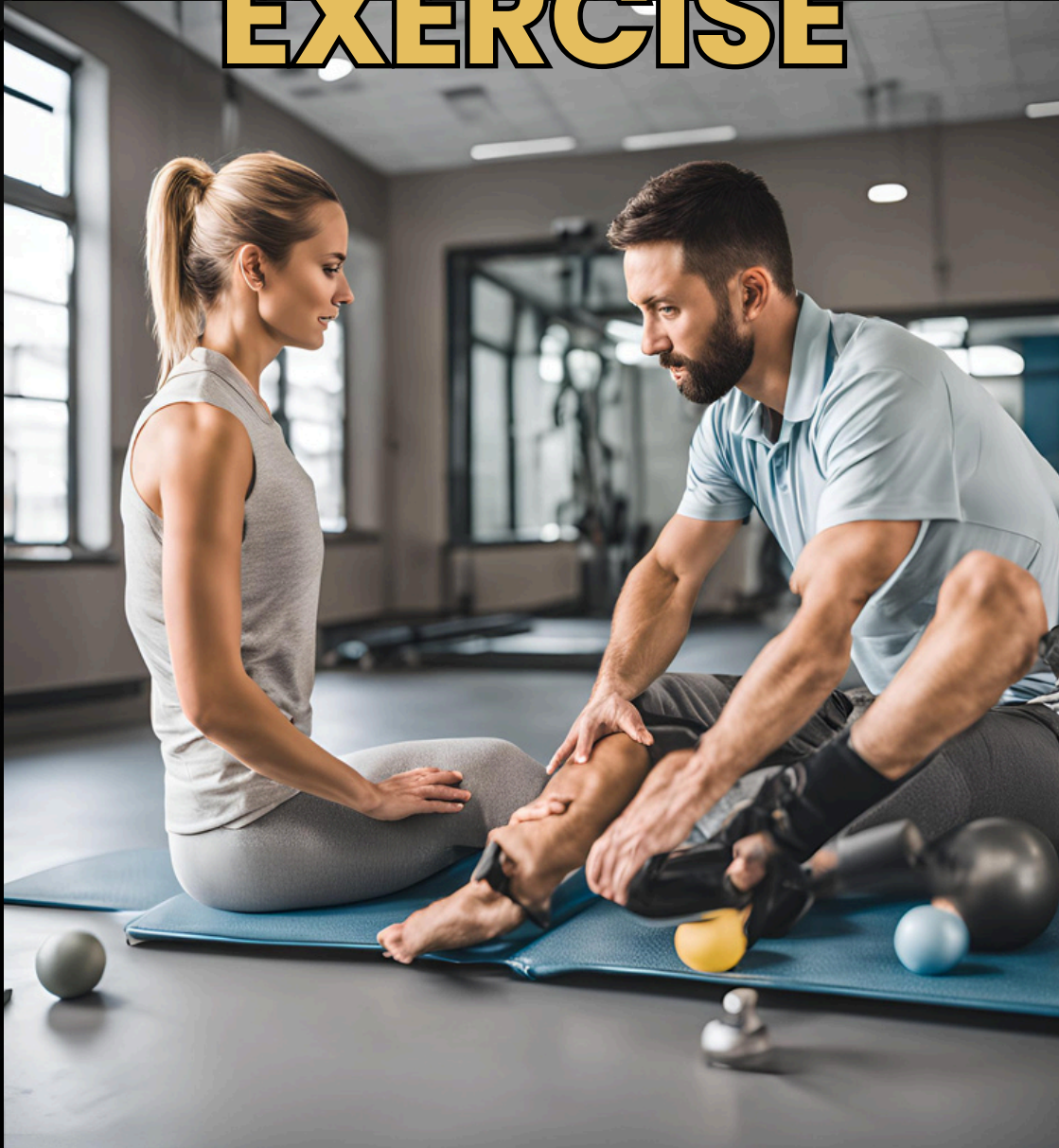
- Manipulates soft tissues to reduce muscle tension and promote relaxation.
- Benefits: Alleviates stress, enhances circulation, reduces pain, and supports injury recovery.



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CORRECTIVE EXERCISE



- Personalized exercises to improve posture, movement patterns, and muscular imbalances.
- Benefits: Prevents injury, enhances strength, mobility, and rehabilitation outcomes.



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SPINAL DECOMPRESSION



- Gentle, motorized traction that stretches the spine to relieve pressure on discs and nerves.
- Benefits: Alleviates back and neck pain, improves disc health, and can help with herniations and sciatica.



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PULSED ELECTROMAGNETIC FIELD THERAPY



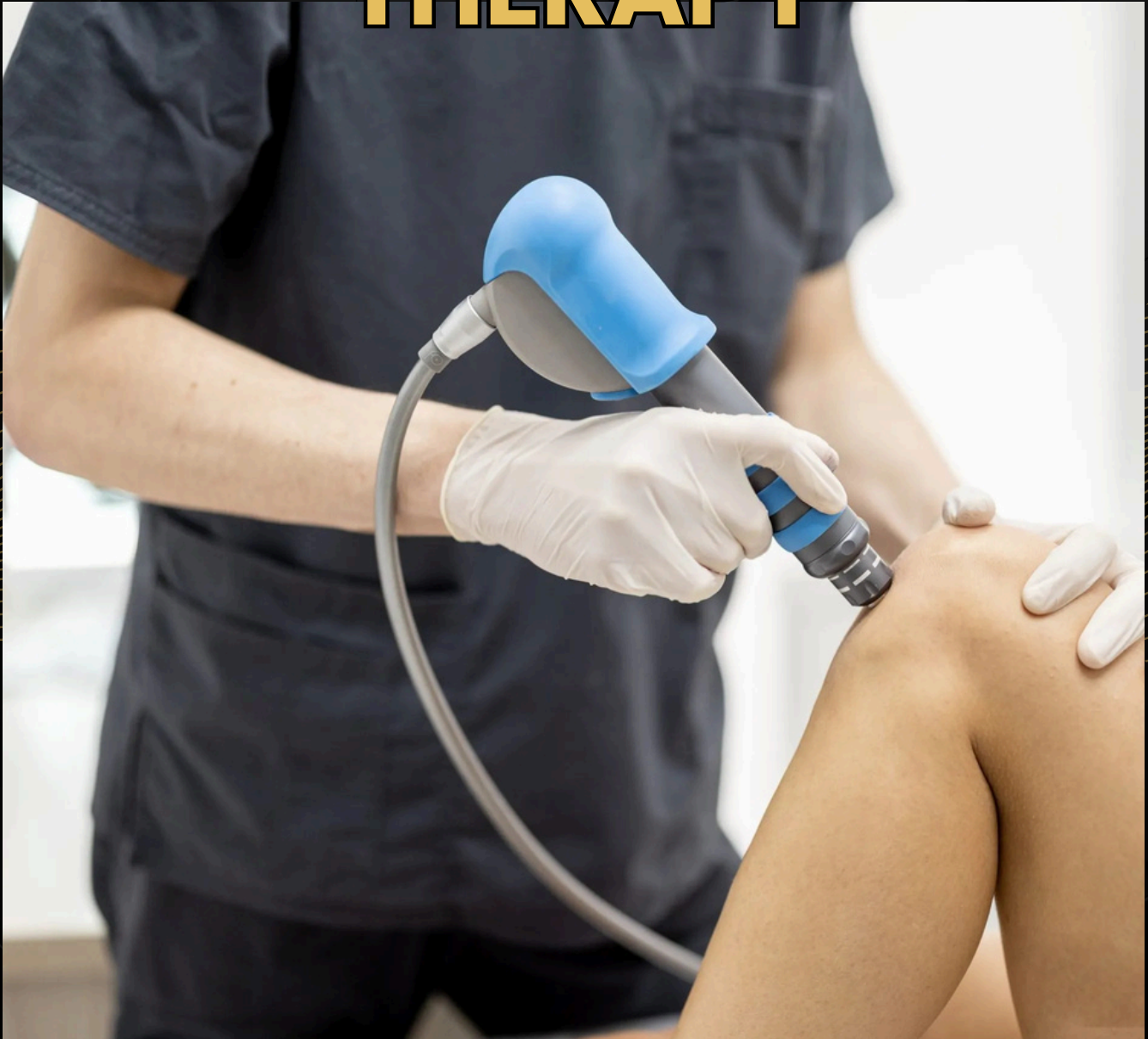
- Low-level electromagnetic pulses are delivered to the body to stimulate cell function.
- Benefits: Promotes tissue repair, reduces inflammation, and supports faster healing of injured areas.



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SHOCKWAVE THERAPY



- High-energy sound waves are applied to targeted areas to stimulate blood flow and tissue regeneration.
- Benefits: Helps reduce chronic pain, speeds up healing, and can improve mobility in stubborn injuries.



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CUPPING



- Uses suction cups to gently pull tissue upward, increasing blood flow to targeted areas.
- Benefits: Aids in reducing inflammation, relieving muscle tension, and accelerating healing.



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COMPRESSION THERAPY



- Uses specialized sleeves or wraps that apply controlled pressure to limbs.
- Benefits: Increases circulation, reduces swelling, and speeds recovery after exercise or injury.



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**SCHEDULE ONLINE
TODAY!**



**SCAN THE QR CODE
TO SCHEDULE**



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